

Fitness Intern



This intern will assist in the daily operations of the Athletic Club & Mews Fitness Centers to include shift coverage, management of reservations, cleaning of equipment, etc. They will assist in leading members in Fitness Center & equipment orientations to include demonstration of exercise, adjusting seat/weight of each, and cleaning protocols. They will also assist in administrative tasks of inputting classes into ForeTees app, record keeping, tracking of participation, providing support to fitness instructors in preparation of classes, member check in, and the scheduling of fitness and wellness events as well as Massage Therapy appointments.